

Petit Déjeuner

Lundi	Mardi 03/02	Mercredi 04/02	Jeudi 05/02	Vendredi 06/02
	Petit déjeuner ble / gluten, lait	Petit déjeuner ble / gluten, lait	Petit déjeuner ble / gluten, lait	Petit déjeuner ble / gluten, lait

Déjeuner

Lundi 02/02	Mardi 03/02	Mercredi 04/02	Jeudi 05/02	Vendredi 06/02
Céleri rémoulade celeri, moutarde, oeuf, sulfites	Médaillon de surimi mayonnaise ble / gluten, crustaces, mollusques, moutarde, oeuf, poisson, sulfites	Taboulé à l'oriental ble / gluten	Concombre sauce bulgare lait, sulfites	Salade Vosgienne lait, moutarde, sulfites
Batavia sauce salade moutarde, sulfites	Salade de pommes de terre moutarde, sulfites	Duo de choux sulfites	Salade de blé sauce salade ble / gluten, moutarde, sulfites	Duo tomate et maïs sauce salade moutarde, sulfites
Steak haché	Cuisse de poulet	Escalope de dinde viennoise ble / gluten	Blanquette de poulet ble / gluten, celeri, lait, oeuf	Fish and chips + citron ble / gluten, lait, poisson
Pommes rissolées	Brocolis vapeur	Poelée méditeraneénne	Haricots verts persillés	Riz créole
Plateau de fromages lait	Plateau de fromages lait	Plateau de fromages lait	Plateau de fromages lait	Plateau de fromages lait
Plateau de laitages lait	Plateau de laitages lait	Plateau de laitages lait	Plateau de laitages lait	Plateau de laitages lait
Fruits de saison	Fruits de saison	Fruits de saison	Fruits de saison	Fruits de saison
Compote de pommes	Compote de pommes	Compote de pommes sans sucre	Compote de pommes	Compote de pommes
Tarte citron ble / gluten, lait, oeuf	Oreillons de pêche au sirop	Eclair chocolat ble / gluten, lait, oeuf, soja	Muffins choco aux pépites de chocolat ble / gluten, lait, oeuf, soja	Poire au caramel
Crème dessert chocolat lait	Chausson au pomme ble / gluten, oeuf	Tarte aux pommes ble / gluten, oeuf	Mousse à la noix de coco lait	Mousse Nougat fruits a coques, lait

MENUS LA PROVIDENCE 2024

Menu semaine n°6 du Lundi 02 février 2026 au Vendredi 06 février 2026

Goûter

Lundi 02/02	Mardi 03/02	Mercredi 04/02	Jeudi 05/02	Vendredi
Goûter ble / gluten, lait, oeuf, soja	Goûter ble / gluten, lait, oeuf, soja	Goûter ble / gluten, lait, oeuf, soja	Goûter ble / gluten, lait, oeuf, soja	

Dîner

Lundi 02/02	Mardi 03/02	Mercredi 04/02	Jeudi 05/02	Vendredi
Salade de pates au thon ble / gluten, oeuf, poisson, sulfites	Oeuf dur mayonnaise moutarde, oeuf, sulfites	Salade composée: soja, tomate,maïs moutarde, sulfites	Bouillon de poule aux vermicelles ble / gluten, celeri, oeuf	
Chausson de dinde bolognaise ble / gluten, lait	Escalope de dinde au jus lait	Paupiette de veau au curry ble / gluten, lait, moutarde, soja	Raviolis au boeuf gratinées ble / gluten, lait, oeuf	
Poêlée petits pois, carottes et pomme de terre	Pommes de terre quartier	Frites	Plateau de fromages et laitages lait	
Plateau de fromages et laitages lait	Plateau de fromages et laitages lait	Plateau de fromages et laitages lait	Fruits de saison	
Fruits de saison	Fruits de saison	Fruits de saison	Donut au sucre ble / gluten, lait	
Galette des rois ble / gluten, fruits a coques, lait, oeuf	Mousse au chocolat au lait lait	Tropézienne ble / gluten, lait, oeuf		